



MYSTERY



Blessed Are Who?

This is the Art Guide for Day Two. The complete Guide is available online at bannerblue.org.



Day Two: Mary the Blessed Believer

Key Beatitude: Blessed are the pure in heart, for they will see God.

Bible Passage: John 20:1-18

Art Overview: The kids will make puffy paint using shaving cream and then a puffy paint drawing. The drawing will signify the full hearts Mary and we have after discovering the empty tomb of Jesus.

Learning Objective: A heart that is full for Jesus is like a picture where the colors are bursting (or puffing) off of the page. That's the way that God sees us, bursting with life and love and the possibility for even more.

Project: Puffy Paintings

Adapted from Artful Parent (<https://artfulparent.com/2015/07/diy-puffy-paint-for-kids.html>)

Supplies Needed:

- Foam Shaving Cream
- Flour (at least 1 cup)
- Glue (Elmer's-style)
- Food Coloring (or a little paint)
- Large Mixing Bowl
- Mixing Spoon
- Ziploc Bags (quart size)
- Cardstock or Cardboard (at least 1 per kid)
- Measuring Cup

Questions to ask the kids while you're creating together:

- What is the most excited you have ever been in your life? *For example, was it a Christmas, a birthday or a trip?*
- Have you ever learned something that made you super excited? *For example, when you learned about a cool trip, or that your friends/family would be visiting, or that you could have breakfast for dinner?*
- What did you do to share how excited you felt in those moments? *For example, did you tell a friend or share whatever you got for Christmas or your birthday?*



Project Instructions:

1. Measure out the elements. Here are the recommended measurements:
 - a. 3 Cups Foam Shaving Cream
 - b. 1 Cup of Flour
 - c. 1 Cup of White Glue



2. Mix the elements together in a large bowl. Do not overmix. You want to keep the shaving cream airy.



3. Split the mixture up into small bowls depending upon how many colors you want to make.



4. Add food coloring to each small and mix until the color is spread evenly. (You can use a small amount of paint as a substitute for food coloring.)



5. Spoon the mixture into Ziploc bags.



6. Seal the bag and cut a small hole in one of the bottom corners. (You may want to tape the top of the bag as well.)



7. Use the graphic on the next page as a guide for creating an image of Mary's full heart at the empty tomb, or make whatever you like!



**FULL
HEART**



**EMPTY
TOMB**